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'On Your Mark, Get Set, Go!'

ON YOUR MARK — The Recreation Department held a canoe race at Menotomy Rocks Park last week and the event provided thrills, chills and laughs for all who participated and observed. In the top photo, the three-person crews prepare to launch their crafts and in the photo above, three paddlers Kristen O'Neil (front), Helen Litsos (middle) and Missy Wilson work their way toward the finish line. (Staff photo by Amy Sweeney)



Town Talks State Into Picking Up \$500K MDC Tab

Monday, it looked like the town was going to be almost half a million dollars in the red because of the state's proposed charges for regional water, sewer and parks services.

But some lobbying by Arlington and other communities, and an afternoon lecture to the Governor on the legal requirements of Proposition 2½ by the Town Manager turned that around on Tuesday.

"We met with the Governor," a quietly pleased Town Manager Donald Marquis told The Advocate late Tuesday. "And we persuaded him not to pursue the new Metropolitan District Commission (MDC) assessments. The state has agreed to assume the full \$10 million; that's almost \$435,000 (savings) for Arlington."

"That's excellent," Marquis declared. "We wouldn't have had the money if it didn't happen. We'd have had to come back and make adjustments on the budget."

Marquis was asked to be spokesman for the Massachusetts Municipal Assn., an organization that represents municipal management groups. "I told Gov. Dukakis, first of all, that I had looked at Arlington's figures, and that they seemed to be representative of all the towns in the district."

"Arlington's assessment for water, sewer and parks services had not gone up substantially more than 2½ percent in the last five years," Marquis stated, "and I told the Governor I thought it was odd that the sewer charge would go up 50 percent, and the parks 30 percent under (Proposition) 2½."

Marquis had charted five years of assessments, from 1979-80 through this year's projections. The chart showed the overall MDC charges decreased by 7 percent in 1979-80, decreased again by 2 percent in 1980-81, increased by 3.4 percent in 1981-82, and decreased by 6.8 percent last year.

"Moreover," Marquis added, "I told the Governor that our Town Meeting had used all our free cash, and we had no

where to go if the MDC assessments stood as they were.

"I told him we would have to call a Special Town Meeting and we'd have to cut budgets and personnel, and play havoc with the town — and that was simply unacceptable," Marquis said.

"I also told him that under Proposition 2½ that the state was precluded from increasing the assessments more than 2½ percent for the whole MDC district, and it didn't matter to me what the reason was for the increase — the state would have to assume it."

According to Marquis, the Governor said he understood the Massachusetts Municipal Assn.'s position, and he asked Frank Keefe, secretary of administration and finance, why the towns and cities were faced with the \$10 million increase.

"Frank Keefe never did explain that \$10 million," Marquis said. "He simply said they had reviewed it again, and the state had decided to assume those costs."

Marquis added that he expects the revised assessments to be approximately 2½ percent higher than last year's \$1.6 million — the figure Town Meeting counted on.

That's a lot better than the figures the state originally sent out a few weeks ago. Arlington was supposed to pay more than \$1.8 million in MDC assessments, nearly a 30 percent increase over last year's bill.

The original assessment showed a nearly 51 percent increase in sewer charges and a 29 percent increase in the parks charge. Water charges would have increased only 3 percent, but the total for all three was a whopping \$434,593.

The overall 30 percent increase violated the Proposition 2½ law which says that the state cannot raise regional assessments by more than 2½ percent, confirmed Barbara Anderson, the executive director of Citizens For Limited Taxation, the group which pushed the bill.

She told The Advocate early Tuesday

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Jimmy's Improvements Stop Town License Threat

By Anne Marie Reidy

The Selectmen didn't vote to yank the liquor license and temporary occupancy permit for Jimmy's Steer House at Monday night's public hearing. But it seems their "show cause" demand had the desired effect, anyway.

Between the time the board voted 5-0 on June 20 to hold the hearing and Monday night, most of the problems that had concerned board members seem to have been resolved or, at least, some action had been taken to resolve them, according to Town Counsel John Maher.

This week the board voted 5-0 to not to allow deliveries through Hobbs ct. by trucks less than 16 feet long, to ask for 30-day police reports on compliance, and to study the pattern of the large deliveries after one month.

In June, the Selectmen voted to hold the show-cause hearing, frustrated with the owner's apparent disregard for certain conditions of the liquor license, including traffic, parking and safety measures, since it was first approved three years ago.

They voted to hold the license hearing after owner-operator Mark Miminos seemed to ignore several months of efforts by Building Inspector William Libby, Maher, and members of the Police Division to get him to comply voluntarily.

Town Counsel Maher told board members Monday that Miminos had recently acted on many of the board's concerns.

Nancy Rooney, a Hobbs ct. resident agreed she had noticed "a large improve-

ment" in the delivery patterns and other problems. "The changes have occurred in the last two or three weeks," she informed the Selectmen.

"Most of what we were after seems to have been answered," confirmed the Building Inspector's office on Tuesday.

Monday night's hearing was brief, cordial, and low-key, and seemed almost unrelated to the sessions that led up to it.

"We're here because of a number of memos you received from the Town Counsel about your fence and a few other things," Selectmen chairman Charles Lyons told Miminos politely, as he opened the hearing.

"I haven't said too much about this matter," Lyons told Miminos. "Personally, I want to tell you, I think you run one of the finest professional establishments in town." He praised Miminos for his "commitment to quality," and his investment in the town.

"I feel uncomfortable about holding this liquor license hearing," Lyons continued apologetically. "I personally felt this was a minor issue, and I was shocked to see so much fanfare about it."

Later in the hearing, Selectman Robert Walsh also said that he felt news coverage of the issue had been inflated, and that he had been misquoted. "But when Town Counsel advises us of a threat of liability to the town," if the town fails to enforce the license requirements "we have to act."

Selectman Robert Havern chided (Jimmy's-Page 2)

'Most of what we were after seems to have been answered.'

-Town Building Inspector's Office



LICENSE SAFE — The liquor license and occupancy permits for Jimmy's Steer House are safe, since owner Mark Miminos complied with most of the conditions set by Selectmen three years ago, when they were granted. (Staff Photo by Amy Sweeney)

'We're Tired Of Waiting!'



A BURIED PROBLEM — Arlington DPW workers paved over the MBTA tracks which cross Mass. ave. in the center on Friday, despite the fact the tracks have not been abandoned. (Staff Photo by A. M. Reidy)

Town Paves Over Mass. Ave. B&M Tracks

Town employees were busy Friday, laying blacktop over long-unused Boston and Maine tracks on Mass. ave., even though the tracks and the right-of-way have not been formally abandoned.

Town Manager Donald Marquis told The Advocate, "We'll be paving over all our crossings. We've had citizen complaints, and we're tired of waiting for the MBTA (to seek abandonment of the line.)"

"When (Secretary of Transportation Frederick) Salucci tells me he does not want to eliminate those tracks, that is contrary to the agreement the MBTA signed with the town two years ago," Marquis said. "When we gave them the green light on the tail track, they agreed to work toward eliminating the tracks."

Both MBTA and B&M spokesmen were surprised to hear the tracks were being paved over, but their reactions differed greatly.

"Paving over those tracks requires the

approval of UMTA (the federal Urban Mass Transportation Administration) and the permission of the MBTA," said Peter Wilson, of the MBTA's railroad operations office.

"It presents a problem," he added, "and we are going to investigate it further."

Allan Dustin, president of the Boston & Maine, seemed unconcerned. "We're in the process of trying to seek permanent abandonment of the freight service on that line so the MBTA can finish their rapid transit project," he commented.

"As far as we're concerned we certainly don't want to use those tracks again. It doesn't pay on an economic basis."

Marquis said he was not worried about any reaction to paving over the tracks.

"I am not going to worry about what the state or the MBTA says," he said. "As far as I'm concerned, it's a hazard. People are breaking their axles, flattening

their tires, so we'll just make the repairs.

"It's their (the MBTA's) responsibility," Marquis added. Maybe we should send them the bill."

Workers at the site told The Advocate they were using hot patch to cover the old tracks from the Lexington-Bedford freight line.

Hot patch is a type of blacktop that, once completely hardened, requires use of a jackhammer to remove it, one worker said.

According to Wilson of the MBTA which owns the B&M, there have been no commuter trains on those tracks for six or seven years, and no freight trains since construction began on the MBTA tail track in East Arlington two years ago.

He said other communities have paved over unused track — with permission from the MBTA — but had to agree to remove the hardtop and restore the grade of the tracks if the MBTA ever decides to restore

train service on that line.

As far as future plans for train service on the tracks that cross Mass. ave., Wilson said, "I think the safest thing to say is in the future we might have the opportunity to do it; as far as I know, there are no plans now."

Marquis said the paving was a safety matter, and the town just couldn't afford to wait any longer for the MBTA to fulfill its end of the bargain, and abandon the tracks.

"We're just paving over the tracks now, because we're only repairing Mass. ave.," said Marquis.

Under state law, he explained, the town is legally liable if someone should hurt himself on a public street or sidewalk. He said the tracks across Mass. ave. present a hazard to pedestrians and motorists.

Right now, the town's liability is

(Tracks-Page 2)

Drown proofing:

A Class For Life

Several years ago, three Arlington youngsters drowned in summer swimming accidents.

One, an eighth grader from St. Agnes', used to walk past Vito Sammarco's home every day with his brother and sister on their way to school.

"It broke my heart to see the younger brother and sister walk by without him," the Brackett school principal says. "I asked myself, 'What are you doing about preparing kids to avoid this?'"

And so, Sammarco went to the School Superintendent and the PTO, and the Brackett School's drownproofing program, which just completed its fourth year, was born.

For the last four years, all Brackett second graders have spent the last six weeks of the school year going to the Boys and Girls Club pool twice a week for "drown-proofing" classes.

They learn to float, hold their breath in the water, and other techniques designed to help them — literally — not to drown if they should get into trouble in the water.

"It builds their ego, gives them some self-protection, builds their skills, and eliminates one fear," Sammarco points out. "Water is around us everywhere; this is an important life skill."

"We work on academic, social, moral and physical development," he adds. "Why not this?"

"Kids take risks, and swim in places they shouldn't, including Spy Pond," agrees Brud Faulkner, director of the Boys and Girls Club.

"A program like this is crucial in this day and age when children are more independent and are prone to choose their free-time activities on their own," Faulkner says. "Sometimes their judgment is not what it should be where water and boats are involved."

Both Sammarco and Faulkner would like to see the program extended to every school child in Arlington.

"We offered this to the entire school system in 1967, '68, and '69," Faulkner recalls. "It was turned down. But the Brackett parents and professionals saw the value of this, and went out on their own and hustled some bucks."

It cost less than \$1,000 this year for the drown-proofing classes for the entire Brackett second grade. Sammarco believes the program belongs in all the schools; he's impassioned on the subject.

"One parent told me two years ago that this program saved her child's life," he explains. "And that may be so — but the real question is, if these children didn't have these skills, what may have happened?"

The standard answer he gets for not offering the program townwide is money, he says, but he claims there is a solution for that.

When the program started, there was no money available, so Sammarco and some PTO members did the fundraising, and got together the \$645 needed that year to send all the second graders through the program.

Realizing he couldn't continue this, Sammarco says, he assigned the fundraising to the parents of first graders. They raise funds all year long, so when their children enter second grade, their classes are all paid for.

Volunteers, including parents from Brackett and others, like former AHS headmaster George Fusco, drive the children to the lessons and help out in the pool. "The kids call him 'Uncle George,'" Sammarco reveals.



FIRST, CLEAR HIS THROAT — Instructor Beth Phinney teaches the basics of life-saving to Brackett second-graders, using Toby Reich as the "victim." All Brackett second-graders take the course at the Boys and Girls Club in the spring; parents raise the money for the class the year before.

(Staff Photo by Amy Sweeney)

They work in conjunction with three paid Boys and Girls Club staffers. Faulkner says with the professionals alone, the teacher:student ratio is 1:6.

"By the end of this year's classes," Faulkner adds, "over 95 percent of the kids were graduated to the deep end of the pool; they were able to handle themselves in 10 feet of water."

That, Faulkner says, is a credit to the children and the adults at Brackett.

Publicity Guides
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LIFTING INCORRECTLY CAUSES BACK PROBLEMS

The five bottom vertebrae of the spine are called the lumbar vertebrae. They are positioned between the thoracic vertebrae above them (the ones that have ribs attached) and the sacrum (the base of the backbone affixed to the hips). Those five vertebrae allow you to bend and twist your torso.

When you lift incorrectly, the lumbar area is usually where you injure your back. It frequently begins as a backache after a hard day, returning with increasing severity until it is there when you roll out of bed each morning.

What should you do about it? — learn to lift correctly — with your legs, keeping your back straight, rather than bending at the waist.

Also, avoid twisting and turning when you are holding heavy objects. Shifting your feet may seem like more work, but it will help prevent spinal injury.

If you already have the beginnings of a work injury, the back strains and aches, "nip it in the bud" before it becomes a major problem. Visit an expert on the strains and sprains of the back, an expert in the musculo-skeletal system of your body. Visit a Chiropractor. Remember, the five most dangerous words are: "Maybe it will go away!"

Dr. John P. DeFilippo maintains Chiropractic Offices at 400 Massachusetts Avenue, Arlington Center, Phone 648-4000.

Motorcycles Recovered

Police Arrest Five On Felonies

Police made five felony arrests during the past week, three for breaking and enterings and two for receiving stolen property.

Thanks to an alert neighbor who noticed suspicious activity around 6:30 p.m. last Wednesday, police responded to a Mystic st. home where Gildo E. Russo, 34, of Watertown and James E. Lenaghan, 40, of Waltham were charged with breaking and entering a dwelling in the daytime. Officer John White and Sgt. Arthur McLean made the arrests.

A 17-year-old from Somerville, Keyin F. Hardy, was charged with breaking and entering in the nighttime at Winton's Market on Summer st. Friday night. Officers Alfred Ryan, James McHugh and James Moran responded.

In cooperation with Waltham Police, Arlington Police with a search warrant went to a Brookdale rd. home Sunday afternoon and charged two men with two counts of receiving stolen property.

Timothy B. Tinker, 24, of 14 Brookdale rd. and Edward C. Buckley, 29, of Waltham were arrested by Insp. William Fraser. Two Honda motorcycles stolen in Waltham were recovered. Assisting in the investigation were Insp. David McKenna and Lt. William Carroll.

Baptist Church Elects Education Director

At a recent special business meeting of the First Baptist Church, Rev. Phillips Henderson was elected to the position of Christian Education Director. His duties will officially begin in September. Rev. Henderson has served as Christian education director of the First Baptist Church of Pittsfield and has held pastorates in New Brunswick, N.J., Bedford, Lawrence and Hartford, Conn.

Classified Ads
Call 643-7900 or 729-8100 before 4 p.m. Tuesday to place a classified ad in The Belmont Citizen, The Winchester Star, and The Arlington Advocate.

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At 2:40 a.m. Sunday a Cambridge 22-year-old was arrested by Officer Frank Larder after a pursuit into Somerville and Cambridge. The man was charged with operating under the influence of alcohol, violation of auto laws and with malicious

Police Log

damage to town property — a police cruiser in which he kicked out a window while being transported to the Arlington station.

Larder had stopped the car at the Arlington-Somerville line on Broadway, but the driver took off. The car was in an accident in Teale Square. Officer William Solari was treated at Symmes Hospital for an eye injury from the broken glass and the prisoner was treated for bruises sustained in the accident.

Other arrests during the week included a local man charged with operating without a license, without registration and operating after license suspension after he was stopped at Mass. and Marathon; and a Boston man arrested at Mass. ave. and Elmhurst rd. for operating a motorcycle

under the influence of alcohol and in violation of auto laws.

Police took three people into protective custody for drinking.

Housebreaks, Larcenies
Gold jewelry, silver coins and other items were taken last Thursday from an apartment at Colonial Village. The front door was forced open. Two gold opal rings were taken from an apartment on Churchill ave. Friday.

On Saturday police were called to Howard st. where a cellar window had been forced open sometime since the day before. A stereo system valued at \$1,500 and a \$300 camera were taken.

Bicycles were taken from Hamilton rd., Mass. ave., Mass. and Egerton and Broadway. A 10-speed bike and cassette were found at Hurd Field. A canoe was taken from Pleasant st.

A battery was missing from a car on Mystic st. sometime since July 1. A \$250 radar detector was taken from a Mass. ave. car after the driver's window was broken. A cassette was taken from a car on Brattle dr. after a vent window was broken.

Redevelopment Bd.

To Meet Monday

About Mill Brook

The Redevelopment Board will meet with Boston Survey Consultants, engineering, on Monday at 7:30 p.m. to review plans for Mill Brook dr.

At 8 p.m., the board will hold an environmental design review hearing on the Crosby School proposal, and at 9 p.m., an environmental design review hearing will be held in connection with the Central School project.

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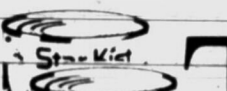
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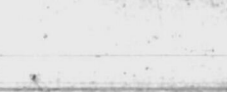
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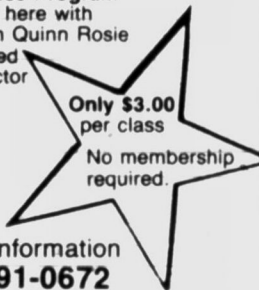
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For the sports minded there are classes in basketball, baseball, soccer, tennis, and swimming, plus a physical education make-up course. Minuteman Tech Summer School courses are open to adults as well as to young people. Most courses cost \$65 for 60 hours of instruction.

Information about the Minuteman Tech Summer School may be obtained by calling the Summer School office Monday through Friday between the hours of 8 a.m. and 4 p.m. Minuteman Tech is located in Lexington at the intersection of Route 2A and Mass. ave., just west of Route 128.

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**NOTICE OF
PUBLIC HEARING**

Minuteman Home Care Corporation/Area Agency on Aging will hold a public hearing at 10:00 A.M. at the John F. Kennedy School of Religion, Robert Kennedy Auditorium, 1997 Massachusetts Avenue, Lexington on July 29, 1983 on the Three Year Area Plan on Aging for Fiscal Years 1984-1986. The Plan sets priorities for the spending of funds until FY III of the Older Americans Act for FY 1984 in the Minuteman Planning and Service Area which includes Acton, Arlington, Bedford, Boxborough, Burlington, Carlisle, Concord, Harvard, Lexington, Lincoln, Littleton, Maynard, Stow, Wilmington, Winchester and Woburn. Copies of this plan will be available July 15 at the local Councils on Aging offices, libraries and the MHCC offices.

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Mr. and Mrs. David Preston

Cindy Bearse Becomes The Bride Of David Preston

Cindy L. Bearse and David A. Preston were married on May 8 at St. Joseph the Worker Church in Hanson.

The Rev. John Mulloy and the Rev. Edward McLaughlin concelebrated the double-ring afternoon nuptial mass.

The bride is the daughter of George and Maureen Bearse of Pembroke. The bridegroom is the son of Charles Preston Jr. of Bow St., and the late Irene Preston.

The bride, given in marriage by her father, wore a traditional ivory V-neck gown, with leg-of-mutton sleeves and a cathedral train. She wore a silk floral headpiece with a long veil.

The maid of honor was the bride's sister, Jane Bearse of Pembroke. Her sister, Jill Bearse, also of Pembroke, and Donna Preston of Arlington, sister of the bridegroom, were the bridesmaids. All

were ice blue taffeta gowns.

Mark Byrne of Dedham was the best man. John Bearse of Pembroke, brother of the bride, and Daniel Preston of Arlington, brother of the bridegroom, were the ushers.

Following the ceremony, a reception was held at Ridders Country Club.

The bride is a graduate of Northeastern University's College of Civil Engineering, and is a project engineer with Mobil Oil Corporation.

The bridegroom is also a graduate of Northeastern University's College of Civil Engineering, and is a geotechnical engineer with Harding-Lawson Associates.

Following a wedding trip to Martha's Vineyard, the couple have settled in Houston, Texas.



Mr. and Mrs. Kevin Sullivan

Mary Elizabeth Ingalls Weds Kevin M. Sullivan

Making their home in West Medford after a wedding trip to Bermuda are Mary Elizabeth and Kevin Matthew Sullivan. They were married Oct. 2 in St. Agnes' Church.

The Rev. Ernest Serino, pastor of Sacred Heart Church in Watertown and a family friend, officiated at the double ring ceremony.

The bride is the daughter of Mr. and Mrs. John D. Ingalls of Windmill Lane. The bridegroom is the son of Mr. and Mrs. William Sullivan of Ottawa Rd.

The bride, given in marriage by her father, wore her mother's gown. The gown was designed and made by her maternal grandfather, of imported French satin, with an Alencon lace bodice and overlay. Her veil was decorated with seed pearls.

Karen Ingalls Robinson of Arlington, the bride's sister, was the matron of honor. She wore a plum silk taffeta gown.

Anneliese Ingalls, a sister of the bride, Dolores Kilfoyle and Sheila Kilfoyle, cousins of the bride, and Katherine Wiffert, all of Arlington, served as bridesmaids. They wore gowns of rose silk taffeta.

The silk-flower headpieces the attendants wore and the bouquets they carried were designed and made by the bride.

The bridegroom's brother, Michael Sullivan of Methuen, was the best man.

Another brother of the bridegroom, Sean Sullivan, and John Ingalls, brother of the bride, both of Arlington, David Haughn of Holliston, brother-in-law of the bridegroom, and Peter Flynn of Easton served as ushers.

Following the ceremony, a reception was held at "The Vale," on the Lyman Estate in Waltham. Donna De Leo of Winchester, the bride's cousin, was in charge of the guest book.

Mrs. Sullivan is a 1977 graduate of Arlington High School, and attended Fisher Junior College and UMass Boston. She works as a teller for Cambridge Trust Co. She is also a freelance floral designer, and has demonstrated her work on "The Good Day Show."

Mr. Sullivan is a 1975 graduate of Arlington High School, and a 1978 graduate of Boston State College. He is a sales representative for New Boston Graphics in Arlington.



Mr. and Mrs. Michael Breslin

Anne L. Mammola Is The Bride Of Michael Breslin

Anne Louise Mammola and Michael William Breslin were married on May 1 at St. James Church. The Rev. John Buckley officiated.

The bride is the daughter of Mrs. Mary Dillon Mammola and granddaughter of Mrs. John Dillon of Peirce St. The bridegroom is the son of Mrs. Claire V. Breslin of Burlington and the late William G. Breslin.

Christine Vieira of Arlington served as maid of honor, with Hillary Singer of Lynnfield, Nancy Eulie of North Andover, Susan Breslin of Westford, a sister-in-law, and Carol Cleland of Billerica serving as bridesmaids.

William Breslin of Westford, brother of the bridegroom, was his best man.

Jackie Breslin of Billerica, Tom Breslin of Billerica, Greg Breslin of Allentown, Pa., all brothers of the bridegroom, and Dennis O'Brien of Bedford served as ushers.

A reception followed at The Hillcrest, Waltham.

Mrs. Breslin is a 1978 graduate of Arlington High School. She works for Sears, Roebuck and Co. in Burlington in sales.

Mr. Breslin is a graduate of Burlington High School and works for Sears, Roebuck and Co. of Burlington, in the maintenance department.

After a wedding trip to Florida and the Bahamas, the couple have settled in Billerica.

St. George Triplets

Kwoy and Lt. j.g. Kevin St. George announce the birth of their first children, triplet boys, on May 26 at St. Vincent's Hospital, New York City. Brian, Timothy and William are the grandsons of Helen Broderick and Esther and William St. George, all of Arlington.

Welsh Daughter

Mr. and Mrs. Michael D. Walsh Jr. of Pine Ave. announce the birth of their second child, Kelly Marie, on June 10 at Cambridge Hospital. They have another daughter, Kimberly, 5. Grandparents are Mr. and Mrs. Joseph H. Cormier and Mr. and Mrs. Michael Walsh, all of Arlington. Great-grandparents are Mr. and Mrs. Joseph M. Cormier and Mrs. Mary Donovan, also of Arlington.

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Letters To The Editor are welcome on matters of interest to local readers. Names will be withheld on request. Anonymous letters will not be published.

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27 Amherst Rd., 4" white vinyl, blue shutters. 4/75
73 Arlmont St., 4" green vinyl 11/78
29 Avon Place, 4" white vinyl, trim, black shutters. 7/73
2 Bellevue Rd., 4" white vinyl, trim, shutters. 6/73
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Comment

A Page of Personal Opinion for Public Reflection

The Arlington Advocate, Thursday, July 14, 1983

Man About Town

Trees are on the minds of more people than just the members of the Arlington Garden Club and those who have contributed to its Trees, Please fund to raise money for the purchase of trees for town public ways. In Belmont there is a Shade Tree Commission which is spending \$12,000 in federal funds to have a landscape architect and five-person crew do an inventory of town trees. They will catalogue trees by type, condition and location, prune and put bark and flowers around the bases of the trees. The Shade Tree Commission is also giving a series of half-hour programs on tree and plant maintenance which all town employees who work with trees must attend.

The U.S. Forest Service is accepting donations from people who want to contribute seedlings to the 155 national forests in 39 states. A \$10 contribution will pay for 20 to 40 seedlings. For more information contact a Forest Service office.

Those who want to help the trees in Arlington may make their contributions to the Trees, Please fund, in care of Mrs. Stanley Stewart, 17 Shawnee rd.

The Legislative Committee on Counties will hold a meeting in Watertown's Town Council chambers in the Administration Building, Main st., on Tuesday from 3:30 to 5 p.m. Residents who have opinions and gripes about county government are welcome to attend.

Both the state Senate and the House have approved the \$19,000 budget to establish a commission to study jail cell suicides across the state, and ways to prevent them, according to Selectman Robert Murray. Murray, active in the campaign to get that commission established, credited Sen. Richard Kraus and his staff with much of the work to get the budget included and passed. Last week, the director of training for the state's police academies made a commitment to make training in symptoms of depression and alcoholism, and suicide prevention part of the training for all police officers attending those academies.

It seems the Selectmen are playing a game of talking tough when the persons involved are not there, and then backing off. Board members and the Town Counsel recently discussed zoning, parking and other license-compliance problems at Jimmy's Steer House at several meetings. They voted unanimously June 20 to hold a public hearing on whether the liquor license and temporary occupancy permit for the restaurant should be rescinded because the management wouldn't cooperate with town officials and conform to mutually-agreed-to conditions for the restaurant expansion.

Then when owner/operator Mark Miminos appeared before the board Monday night, several board members made a special point of saying what a fine restaurant he runs, and complimented him on his "commitment to quality," and his investment in the town. (Other Selectmen did ask him to be more cooperative with town officials.)

Two Selectmen also expressed surprise at the newspaper coverage of the board's earlier discussions, saying they were out of proportion. Reports from the Town Counsel and neighbors, however, seemed to indicate that Miminos' compliance with the majority of the board's long-ignored conditions occurred between the publication of those stories and Monday's hearing.

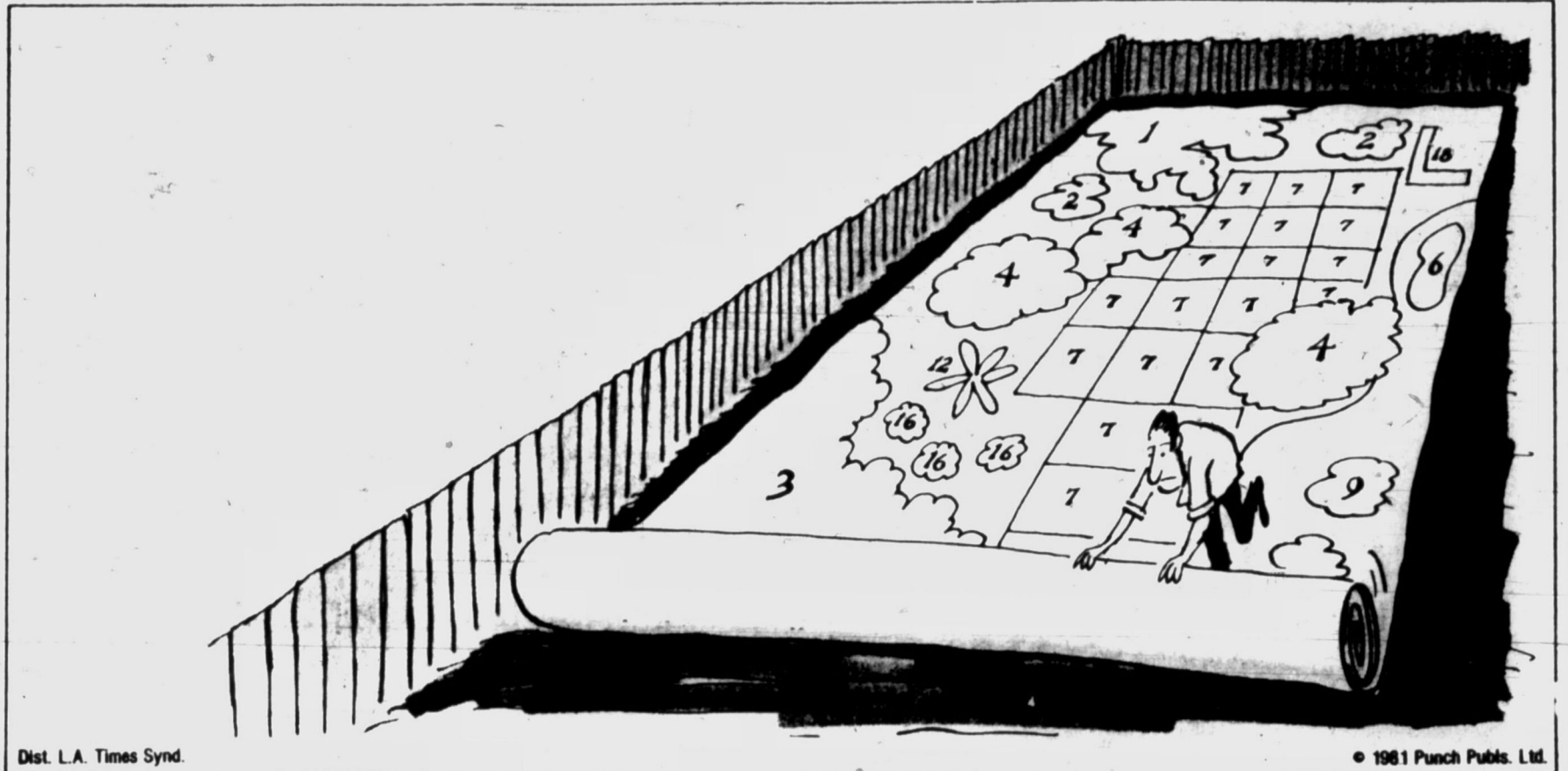
Town Hall reporters are not in the habit of fictionalizing their accounts of public meetings. A unanimous vote to call a formal, public "show-cause" hearing on a liquor license revocation for one of two such licensed restaurants in town would hardly seem unimportant to the community.

Although the parking problems and delivery truck situation are not totally resolved, the licenses were not rescinded. It appears, in this case, as in others in the recent past, the Board of Selectmen was talking tough for public effect, so the message would get through in the paper, and more formal action could be avoided.

The Massachusetts Taxpayers Foundation Inc. has published a survey of state budget trends from 1975 to 1984. It found that in terms of constant dollars, the governor's recommendation for spending in 1984 will be only 3.4 percent more than the 1975 spending. Until 1980 there was a trend that spending went up in legislative election years and then went down or increased moderately in off-election years. Spending peaked in 1980. The annual increase in federal funds coming to Massachusetts ended in 1981 when revenues went down \$52 million.

In looking at personal services the report found that the high cost of personnel, estimated at \$1.7 billion in fiscal 1984, is due to salaries, "a fairly cumbersome overhead administrative structure . . ." and health services and retirement system. There also is \$177 million for "consultant services." The report found that there are 86,406 authorized state positions, 19,000 of which are vacant. The foundation recommends that a tight personnel budget be enacted. The conclusion of the 44-page report notes that "It is our opinion that every spending program must be carefully pruned. A reduction in the fiscal 1984 budget total is essential. The alternative spells serious trouble for taxpayers in the years ahead."

Punch



Letters To The Editor

Silver-Haired Legislator Alerts Peers To Medex Increase

TO THE EDITOR:

It is not too late to protest, and attempt to overturn the decision to increase the Medex premiums by 22.3 percent. This will cost each elderly MEDEX subscriber about \$80 this year.

Please send letters to Commissioner

Peter Hiam, M.D., Massachusetts Division of Insurance, 100 Cambridge st., Boston 02202, or call him at (617)-727-3357.

Ask Commissioner Hiam to reconsider this decision because: the elderly do not receive a COLA this July; the general inflation rate is 4 percent; and the hospital inflation rate is about 12 percent.

Speak out.

Sincerely yours,

SHL Senator Raymond A. Rosborough
Middlesex and Suffolk
Pearl M. Rosborough
26th Middx. Dist.

Silver-Haired Legislator

Director Credits

Local Performers

TO THE EDITOR:

"A Midsummer Melody" recently serenaded the residents of both the Wellington Manor Nursing Home and Fairlawn Nursing Home, with a revels celebration, of songs, dance and drama.

Arlington residents who participated were Miriam Keeler, Michael Loveridge, and a beautiful mother-daughter duet, Cindy and Chanel Barlowe.

The objective for these shows is participatory events for the audience, for building communal experience.

Mary Camille Piccione
Director

Midsummer Melody Revels

Democrats Should Think About Election Time

TO THE EDITOR:

Well, the Duke did as expected! More taxes, higher fees for licenses, etc. He did this with the solid support of the Democratic legislators, including those representing Arlington.

Peter Lucas called REAP just what it is — more taxes! This under the guise of a fancy name. Revenue enforcement and protection — what a lot of bologna.

It seems that the opposition came from the Republicans, namely Robinson from Melrose. Democrats ought to think of this in the next election.

Throw a lot of them out! You know whom!

Disgusted Democrat
(Name Withheld Upon Request)

Town Clerk's Bulletin Board

Town Day Committee, July 14, 4 p.m.,
Hearing Room, Town Hall.
Assessors meet during the months of July and August by appointment only.

Redevelopment Board, July 18, 7:30 p.m., Planning Board room, Town Hall Annex.

Cable Customers Choose Status Quo

TO THE EDITOR:

On behalf of everyone at Arlington Cablesystems, I would like to express my appreciation to all subscribers who responded to our recent survey regarding carriage of WOR or WPIX. For those who have not yet seen the final tally, WOR received 1565 votes and WPIX received 531 votes.

While we are certainly gratified that the recent survey confirmed the results of our earlier one, we are more pleased that 25 percent of our customers responded. This is a clear indication of the importance of this issue, which had, quite frankly, eluded us in the former survey.

Further, we believe that we have now found an effective means for obtaining widespread input from our customers and will use it where appropriate in the future.

We will continue to participate in industry lobbying to reverse the position of the Copyright Royalty Tribunal so that all such superstations affected might once again be available at reasonable costs.

Once again, thank you to those who responded. We have learned much from your input.

Sincerely,
Arlington Cablesystems
Edward T. Holleran Jr.
General Manager

Thanks Paper

TO THE EDITOR:

The Tower Mothers Club wishes to express appreciation to you and your staff for the excellent coverage that you gave our programs this past year.

Sincerely,
Marie Lombard
Publicity

Troop Carrier Group Seeks Members

TO THE EDITOR:

I am trying to locate Bernard Peters, who was a member of the 315th Troop Carrier Group during World War II, and entered the U.S. Army Air Corps from 38 Park Vale ave., Allston.

It is my hope that some of his relatives or old friends will see this, and be able to pass along his current address.

If any other former members of the old 34th, 43rd, 309th or 310th Squadrons should see this, please drop me a line. Your name will be added to the current roster and you will receive the latest news letter, roster, and folder on past reunions.

We are already looking forward to, and planning for our fifth reunion which will be held in San Francisco, Ca., in the fall of 1984. Please send any information or addresses to me.

Charles J. Petsinger
117 No. Maple
Bloomington, Ill. 60108

Herpes And AIDS Are A Warning From God

TO THE EDITOR:

Medical science is mystified where, when and why the space age afflictions of herpes and AIDS originated, and descended on mankind of this generation.

I suggest they look to the good Lord for the answers. Phenomenal progress in the fields of science, electronics, and medicine, but at the other end of the spectrum, the collapse and decline in the moral fiber of the world has plunged to the same degree as the world has progressed. It is shocking and devastating.

The good Lord, to curb mankind's lust for sex and freedom of the flesh for all ages, sent these mysterious afflictions — herpes and AIDS — to shock and scare

mankind from their lust towards self-destruction.

Great civilizations — the Babylonians, Phoenicians, Greeks and Romans of our past — took the same road our generation is on, to their eventual self-destruction.

World: the good Lord works in mysterious ways. The herpes and AIDS are just a shocking warning to mankind. Beware.

Old Timer
Bill Santos
AHS Class of '38

P.S. Evidently, syphilis and gonorrhea were not enough to slow down this space-age mad rush to sexual freedom.

State House News

Six months have passed since the beginning of the legislative session in January. Last week, the House and Senate both held informal sessions while House and Senate conferees hammered out a compromise version of a fiscal 1984 budget. There were no roll calls.

Throughout the first six months of the session, there have been many roll call votes on increases and decreases in state taxes and fees. Some representatives and senators say the legislature has done a difficult and necessary job in voting to increase various taxes and fees. They claim it is the only way to fund necessary operations and programs without a broad based increase in the income tax or sales tax. Others disagree. They say the series of hikes is excessive and absolutely unnecessary. They argue that millions of dollars could easily be cut from the state budget to avoid the increases. Some of those votes are reported here:

HOTEL TAX (H 4483): House rejected 107- 31, a bill allowing cities and towns to impose a three percent tax on hotel, motel, or lodging house rooms.

A "Yea" vote is for the bill. A "Nay" vote is against it.

Reps. John Cusack and Mary Jane Gibson voted no.

CIGARETTE TAX (H 6380): House rejected 95-53, an amendment eliminating the proposed 4 cent per package hike (from 21 to 25 cents) in the cigarette tax.

A "Yea" vote is against the 4 cent hike. A "Nay" vote is for the 4 cent hike.

Cusack and Gibson voted no.

EMPLOYERS' TAX (H 6380): House rejected 90-58, an amendment eliminating the proposal requiring employers to pay a new tax equal to .1 percent of their employees' wages up to \$7,000. The tax essentially amounts to \$7 per employee.

A "Yea" vote is against the new tax. A "Nay" vote is for the new tax.

Cusack and Gibson voted no.

GAMBLING (H 6380): House rejected 124-23, an amendment requiring that five percent of gambling winnings of any person be withheld and deducted at the time the person wins the money.

A "Yea" vote is for the amendment. A "Nay" vote is against it.

Cusack and Gibson voted no.

INTEREST ON REFUND (H 6380): House approved 93-48, an amendment requiring the state to pay prime rate interest on any income tax refunds not paid to taxpayers within 90 days of the April 15 deadline.

A "Yea" vote is for the amendment requiring the state to pay interest. A "Nay" vote is against the amendment.

Cusack voted no, Gibson voted yes.

CAPITAL GAINS (S 2076): Senate rejected 23-8, an amendment eliminating the proposed increase in the tax on long-term capital gains from 4.3 to 5.375 percent.

A "Yea" vote is for leaving the tax at 4.3 percent. A "Nay" vote is for raising the tax to 5.375 percent.

Kraus voted no.

CIGARETTE TAX (S 2076): Senate rejected 17-9, an amendment eliminating a proposed 5 percent sales tax on cigarettes and replacing it with a 4 cent hike in the excise tax on cigarettes.

A "Yea" vote is for the 4 cent excise tax hike. A "Nay" vote is for the 5 percent sales tax.

Kraus voted no.

GAS TAX (S 1889): House approved 85-57, Senate approved 19-13, the bill establishing a floor of 11 cents on the gasoline tax. The tax is pegged at 10 percent of the wholesale price of gas, and was 9.9 cents per gallon when this bill was approved.

A "Yea" vote is for the 11 cent floor. A "Nay" vote is against it.

Kraus, Cusack and Gibson voted yes.

REAP (H 6044): House approved 84-66, Senate approved 22-12, the Revenue Enforcement and Protection package (REAP). Provisions included a 5 cent hike in the cigarette excise tax; a .2 percent payroll tax hike on employers; an increase in the capital gains tax from 4.3 to 5.375 percent; and extensions of many federal tax breaks to state taxpayers by linking the state code to the federal one.

A "Yea" vote is for the package. A "Nay" vote is against it.

Kraus, and Cusack and Gibson voted yes.

Attendance on roll calls through July 8: Cusack - 93 percent. Gibson 98 percent. Kraus - 100 percent.

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The Coffee Question:

Is It Really Bad For Your Health?

By Anne Ghitman

It was in the news recently — one more time — that coffee might be bad for your health.

Investigators found a correlation between coffee consumption and high cholesterol levels, in a study of about 15,000 Norwegian men and women, according to a New England Journal of Medicine article.

"The association (between coffee and cholesterol) is strong and consistent... in the present (Norwegian) population," say the authors.

For years, coffee has been the subject of research and media hoopla. Studies have found everything from coffee's being responsible for increased risk of heart disease and cancer of the pancreas, to its being harmless.

In the present study, Norwegian researchers sent questionnaires asking people about their coffee habits. Allowing

for outside variables which might influence the results, such as cigarette smoking, age and sex, exercise, alcohol consumption and body size, the authors say their findings clearly point to an association between coffee and cholesterol.

"You can find a study to prove anything," says Arlington cardiologist David Khoury, referring to the new coffee-cholesterol study. "And," he adds, "you can take statistics and say what you want them to say. People have to publish or lose their position in academic society." Though Khoury believes it is good to be aware of the studies, he is wary of such results.

Dr. John Berkoben of Arlington says coffee probably does not relate directly to heart disease risk. However, Berkoben says, elevated cholesterol levels do increase the risk of heart problems. The question then lies in whether coffee does

indeed affect cholesterol levels, as the Norwegian researchers claim it does.

Investigating a biological relation such as this involves many variables, and though this study considered certain factors, some were not taken into account, according to the article.

The method of brewing coffee, for instance, could influence its composition and effects on the body. And other traits of coffee drinkers, such as stress, and dietary or other habits, might be integrally involved in the individual's cholesterol levels and physiological responses.

"The public, like everybody else, is becoming sick and tired of hearing all this about coffee. People are being bombarded with so much literature about what's bad for them," Khoury says.

"You see these studies all the time," he says. "It all just supports my general philosophy — everything in moderation." Coffee does have some possible harm-

ful effects.

Some blame coffee for irritating the stomach and contributing to gastric ulcers, according to Dr. Khoury.

Also, as it is a stimulant and may increase the heart rate a little bit, Dr. Berkoben says, coffee is avoided in hospitals for people who have had heart attacks.

But there is no reason whatsoever for alarm, the doctors agree. "Large amounts of caffeine seem not to be good," Dr. Berkoben says, "but one or two cups of coffee a day is not bad in my impression."

In fact, Dr. Khoury says, "the enjoyment people derive from something can outweigh harmful effects it might have." So if you enjoy sitting down with a cup of coffee, he says, do so. Hooray for a holistic approach.

THREE WEEKS

Classified ads run for three weeks in The Arlington Advocate, The Belmont Citizen, and The Winchester Star. It costs only \$9 for 15 words, and 20 cents for each additional word. Call 643-7900 before 4 p.m. Tuesday to place your ad in Thursday's paper.

Early Morning Blaze



\$7000 IN DAMAGES — A fire broke out at 29 Bates rd. about 5:20 a.m. on Monday, when an electric fan tipped over and set fire to a pillow and bedding in a basement bedroom. The blaze caused extensive smoke damage, a Fire Dept. spokesman estimated damages at \$7,000. The fire melted a stereo and television in the basement bedroom, but no one was injured.

'Trees, Please' Fund Grows To \$1,000

Residents of Arlington have donated over \$1,000 so far to the Trees, Please campaign to replace town trees that had to be removed because of disease or age.

The donations will be used to buy linden, ash, locust, Chinese elm, and many varieties of maple trees. New trees range in cost between \$20 and \$25.

The names of all contributors will be printed in The Advocate. The latest contributors include: Thomas Miller, Marjorie E. Stewart, Mrs. Lee E. Taylor,

Sarah H. Parker, Mr. and Mrs. Lindsey



Cleveland, W. William Harvey, and Gratia E. Eagleson.

Other recent contributors are Mrs. Charles H. Cremens, Bernice and Victor Jones, Mary and Evalyn Barry, and Mary Tassinari.

Donations from Betty E. Pickney, Harold G. Howell, Mary A. Carlisle, an anonymous donor, and a donation "In memory of Francis E. Keefe" were also recently received.

The Trees, Please fund is sponsored by the Arlington Garden Club. Donations may be sent to Mrs. E. Stanley Stewart, 17 Shawnee rd.

Magic Finger Theatre To Give Free Performance On Tuesday

The Magic Finger Performing Arts Camp will present an original musical entitled "The Hurdy Gurdy Man." The performance, on Tuesday at 1:30 p.m., is open to Arlington children aged 5 and older who are accompanied by an adult. Use the Amsden st. entrance to Trinity Baptist Church, 115 Mass. Ave. The performance will be downstairs in fellowship hall.

Additional performances are scheduled in Arlington for parents and friends of the cast, in Lexington at the First Parish Church for the Cary Library, in Winchester at Town Hall for the Winchester Public Library, and in Belmont at the First Armenian Church for the Belmont Library.

"The Hurdy Gurdy Man" is based on a European folk tale as told by Margery Williams Bianco. The original musical

show is conceived by the staff and campers working collaboratively.

A Hurdy Gurdy man and his monkey wander into the little German town of Blaenberg one day. The town is extremely neat and tidy, and the townspeople work all day at keeping it that way. All go about their business as seriously as ants in an ant hill, and as quietly, too.

When the Hurdy Gurdy man begins to play his tunes, the children come running to learn the song "My Hat It Has Three Corners" and to dance to "Ach Du Lieber Augustin." The music and dancing upsets the parents, the schoolteacher and the town clerk who inform the Hurdy Gurdy man that no music is allowed in Blaenberg.

But the Hurdy Gurdy man will not be moved. Finally, the town clerk seeks the

mayor to expel the organ grinder. At this point, the Hurdy Gurdy man plays his third tune, a lively, loud mazurka which compels everyone to dance.

Campers range in age from 9 to 14. Actors include Lisa Brovelli, Cindy Campbell, Nancy Deutsch, David Johnson, Chellise Morey, Shannon O'Neil and Rachel Whitaker from Arlington; Melissa Coluci and Racheal McNally of Cambridge; Jason Newcomb and Sarah Olivier of Lexington; Lisa Morris of Medford; Molly Gubar of Winchester and Jennifer Smith of Watertown.

The Magic Finger Performing Arts Camp begins its second session on July 25. A few places remain in the senior camp program for students entering grades 4-9, in the fall. Call Barbara Meikle, Director, at 648-0628 or write to the Magic Finger, 45 Alton st., Arlington 02174.

Bill Would Hike Land Fees, Could Raise \$2.9M For County

If a new Senate bill passes the state legislature, county governments could be getting another \$11 million in land deed registration fees to help them cope with rising costs and limited resources.

For Middlesex County, that would mean an estimated \$2.9 million in additional funds, according to Sen. Richard Kraus. Kraus is a member of the Senate's Committee on Counties which filed the legislation.

The proposal would increase registry deed and mortgage filing fees from \$25 and \$20, respectively, to \$30.

It would also increase registry stamp fees on land, from \$2.28 to \$4 for each \$1,000 of value, with \$2.50 going to the state, and \$1.50 staying in the county which collected it.

A similar bill, filed in the House, would raise the registry stamp fees to \$5, and earmark 50 percent of the revenues for specific purposes, such as relieving overcrowded jails and renovating aging courthouses.

"The Senate committee felt very strongly that we shouldn't be earmarking

local revenues like that," Kraus says, explaining the difference between the House and Senate versions. "We feel we shouldn't be in the position of telling the county how to spend local funds."

"The jails are overburdened, and the courthouses are running down," Kraus says, "and both are the result of state action and inaction."

"There are a lot of extra people in jail due to the new drunk driving laws," Kraus explains, "and the state rents on courthouses are not sufficient to provide for the upkeep of those buildings."

"This fee increase seems like a good way to provide for responsibilities we've created," Kraus adds. "Unless people want to go back and put more weight on the property tax, this is the best way we could think of to handle it."

Kraus says his staff members contacted a number of people on Beacon Hill active in the passing of Proposition 2½, the tax limitation law. He says they had no objection to the bill.

Kraus notes that committee members are concerned about the financial

pressures on counties which maintain jails, hospitals, and county extension services as well as the registry of deeds.

"There have been a number of proposals about counties — winding them down, getting rid of them altogether, or strengthening certain functions," Kraus comments. "But I think, regardless of one's position on what should happen to counties, they're really facing major (money) problems."

Network For Midlifers

Creative Midlifers is a new network for business and professional men and women in their mid-years. Midlifers is designed for those who are between the ages of 45 and 62, married or single, with free time during the daytime hours.

Activities will include short trips, bridge and scrabble groups, tennis or golf players; some of the other activities will include networking for shared living arrangements, working on legislation or lobbying on issues affecting the above age group such as retirement benefits, age discrimination in employment.

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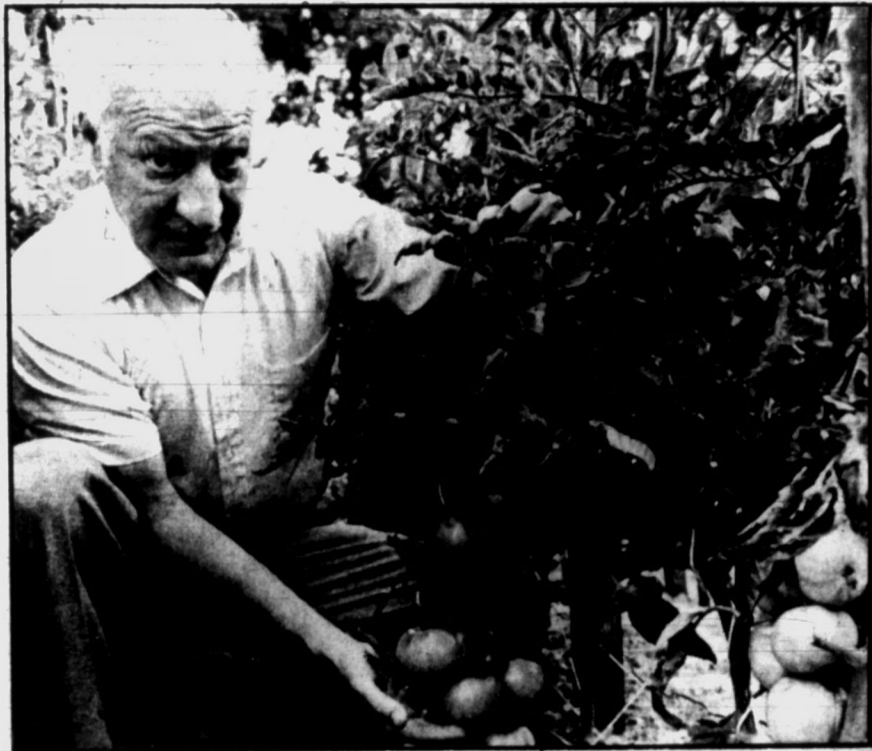
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AdvocatePeople



AN EARLY HARVEST — While many of us have only just begun to see our gardens sprout, Frank Campobasso of Mountain ave. has been eating out of his garden for some time now. (Staff photo by Amy Sweeney)

The Greenest Thumb Of All

By Catherine Walthers

It's like a magic garden. Tomato plants covered with ripe red fruit. Long green cucumbers on bushy vines. Head-high corn stalks waving in the background. And it's only the beginning of July.

Frank Campobasso says no one believes he is picking vegetables in his back yard at 158 Mountain ave. in May and June, just as other gardeners are putting in their seeds and plants. "It's hard to believe. They look at you as though you're telling a lie," Campobasso says.

But it's true. The 66-year-old gardener beat his own record this year with tomatoes and other early crops. His first tomato was harvested June 23. By then, most gardeners feel lucky to see those yellow blossoms on their tomato plants.

Campobasso picked his first cucumber even earlier, on May 25. Broccoli was ready to eat on June 10, he reports.

By the July 4 weekend, he was on the

third crop of lettuce. The Campobassos' freezer was beginning to fill up with frozen peas and beans.

Campobasso grew up with on a farm his father owned in East Arlington which supported 12 children.

But he and his wife Ruth don't live on a farm. Their house, near Stratton School, is a modest, one-floor home with a small yard. The vegetable garden is a testament to using space productively.

The yard is only 1,800 square feet, filled with neat green rows of beans, asparagus, zucchini, cabbage, carrots, corn, eggplant, parsley, radishes, celery and onions. And it's weedless, the soil a damp, dark brown like a moist devil's-food cake.

In his back yard, Campobasso also picks peaches, plums, pears and apples from his nine dwarf fruit trees. He also grows gardenias and picks them by the hundreds.

All that is in addition to his front yard — dozens of rows of flowers, designed by Campobasso so that one set of blossoms opens as another begins to fade, spring through fall.

Although he's proud of his early vegetables, surely a contender for the record in Arlington — and maybe in the state — Campobasso shows a reverence for nature and gets real satisfaction from gardening. It's "starting something from seed and producing a crop," he explains.

Campobasso says there are no secrets to intensive early gardening. You start early, prepare good soil, and work hard.

He's now able to devote more time to gardening after retiring just over a year ago after 25 years as an Arlington school custodian, working last at Peirce School.

He plants his seeds in February and March in the small greenhouse he added onto his house. It's all started from seed, he says. "I don't buy a plant."

The tomato seeds go into individual five-inch pots, indoors, about Feb. 5. Cucumber seeds go into individual three-inch pots in early March, and other seeds are also started early.

In April, two months before most New Englanders start their gardens, traditionally Memorial Day weekend, he's ready to transfer the small plants outside.

One key ingredient to keeping the plants healthy, Campobasso says, is soil preparation. He adds "5-10-10" to the soil, a fertilizer which is 5 percent nitrogen, 10 percent phosphorus and 10 percent pot ash. It is the only time he uses any kind of chemical fertilizer.

To this he adds horse manure, peat moss, lime and bone meal. The manure, Campobasso explains, has "aged" for about a year in a compost of plants and other decaying organic matter. He calls this his pile of "black gold."

He spreads the mixtures around the

whole garden area, not just around the plant holes, he adds.

The plant varieties are transplanted at different times in April. He uses a cold-frame, old glass window frames and plastic, to protect the plants from the weather and frost. In the very cold weather, Campobasso resorts to blankets.

"I'm a little concerned when the weather drops into the 20s," he says, "but I can usually protect them." He remembers keeping plants alive once when the temperature dropped to 2 above zero.

Protecting the plants takes vigilance. During the day, if left alone, the sunlight could cook the plants under the glass frames. Campobasso opens the frames at various times to control the heat. When he was working fulltime, Ruth helped out and plant-sat during the day.

After the plants are in, nature takes over. Campobasso says he doesn't add any

more chemical fertilizers. He doesn't believe in any sprays either. "I'm fearful of the residue," he says. And the chemicals, he believes, drive the natural predators — birds and bugs that eat other bugs — away.

He spends a couple hours in the garden each day. He loves it. "It brings you close to God. It's so peaceful and restful and you forget the cares of the world," he says.

His care pays off. "I've had successful gardens in the past," he says, "but never like this one. This year surpassed them all."

They ate the first lettuce in May, and the other vegetables followed soon after. By the end of June, he could hold a tray filled with shades of green: pale green celery, dark speckled zucchini, and shiny peppers, accented with tomatoes, onions, cabbage.

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